Anatomic and Functional Evaluation of Bifurcation Lesions Undergoing Percutaneous Coronary Intervention

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Background—We sought to investigate the mechanism of geometric changes after main branch (MB) stent implantation and to identify the predictors of functionally significant “jailed” side branch (SB) lesions.

Methods and Results—Seventy-seven patients with bifurcation lesions were prospectively enrolled from 8 centers. MB intravascular ultrasound was performed before and after MB stent implantation, and fractional flow reserve was measured in the jailed SB. The vessel volume index of both the proximal and distal MB was increased after stent implantation. The plaque volume index decreased in the proximal MB (9.1 ± 3.0 to 8.4 ± 2.4 mm³/mm, P = 0.001), implicating plaque shift, but not in the distal MB (5.4 ± 1.8 to 5.3 ± 1.7 mm³/mm, P = 0.227), implicating carina shifting to account for the change in vessel size (N = 56). The mean SB fractional flow reserve was 0.71 ± 0.20 (N = 68) and 43% of the lesions were functionally significant. Binary logistic-regression analysis revealed that preintervention % diameter stenosis of the SB (odds ratio = 1.05; 95% CI, 1.01 to 1.09) and the MB minimum lumen diameter located distal to the SB ostium (odds ratio = 3.86; 95% CI, 1.03 to 14.43) were independent predictors of functionally significant SB jailing. In patients with ≥75% stenosis and Thrombolysis In Myocardial Infarction grade 3 flow in the SB, no difference in poststent angiographic and intravascular ultrasound parameters was found between SB lesions with and without functional significance.

Conclusions—Both plaque shift from the MB and carina shift contribute to the creation/aggravation of an SB ostial lesion after MB stent implantation. Anatomic evaluation does not reliably predict the functional significance of a jailed SB stenosis.

Clinical Trial Registration: http://www.clinicaltrials.gov. Unique Identifier: NCT00553670.

Key Words: coronary disease ■ stenosis ■ stents ■ imaging ■ physiology

Atherosclerosis occurs frequently at the branching points of a coronary artery.1 Percutaneous coronary intervention of these lesions is technically difficult and associated with higher event rates.2–4 To develop improved strategies and devices, better insight into both the anatomic and functional aspects of bifurcation lesions is required.

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A side branch (SB) ostial stenosis is commonly aggravated after main branch (MB) stent implantation. This phenomenon has long been believed to occur mainly because of the shift of MB plaque to the SB ostium (so-called “snowplowing”). A recent angiographic study, however, suggested that an alteration in the location of the carina, and not plaque shift, was the main mechanism for SB stenosis aggravation after MB stent implantation.5 We hypothesized that there could be some plaque shift and carina shift to the SB after MB stent implantation in bifurcation lesions.

To understand the clinical significance of SB ostial stenosis, no matter what its mechanism, a functional evaluation is also needed, as previous reports have shown that there is a...
discrepancy between the angiographic appearance and the physiological significance of “jailed” SB lesions. A more complete evaluation of the changes in plaque and vessel geometry that create the angiographic lumen change after stent implantation could clarify the mechanism of this phenomenon.

The primary aim of this study was to investigate the mechanism of geometric changes in the SB ostium after MB stent implantation in a coronary bifurcation and to identify the predictors of functionally significant SB stenosis by performing intravascular ultrasound (IVUS) and by measuring fractional flow reserve (FFR).

Methods

Patient Population

Patients with de novo proximal or mid left anterior descending-diagonal coronary bifurcation lesions with a planned provisional SB intervention strategy were prospectively and consecutively enrolled from 8 centers (United States, Japan, and Korea). Each center was assigned to enroll 10 patients. The study protocol was approved by the institutional review board at each participating center, and all patients provided written, informed consent. To be included, the minimum diameter of the SB required was &gt;2 mm, the SB vessel length was &gt;40 mm, and the SB lesion length was &lt;10 mm by visual estimation. SBs without significant stenosis were also included in this study. Patients were excluded if any 1 of the following was present: ST-segment elevation myocardial infarction, left main stenosis, totally occluded lesion, angiographically visible thrombus, a significant lesion within the MB proximal to the stented segment, significant distal lesion (diameter stenosis &gt;50%) at an SB, regional wall motion abnormalities of the stented artery and SB segments, left ventricular ejection fraction ≤40%, serum creatinine ≥2 mg/dL, predilatation of the SB before the MB stent implantation, or a contraindication to adenosine. All patients underwent MB IVUS before and after MB stent implantation and FFR of the jailed SB lesions.

Study Procedure

Coronary stenting of the MB was performed with standard interventional techniques. Postdilatation of the MB stent was performed at the discretion of the operator. IVUS was performed in a standard fashion with an automated, motorized pullback system (0.5 mm/s) with commercially available imaging systems (Boston Scientific, Scimed, Minneapolis, Minn or Volcano Corporation, Rancho Cordova, Calif [N=4]). In the case of a very tight MB stenosis, predilatation with an undersized balloon was allowed before IVUS. Intracoronary nitroglycerin (100 to 200 μg) was administered before each IVUS run. FFR was measured in the SB after MB stenting with a 0.014-in. pressure guide wire (PressureWire, Radi Medical Systems, Upssala, Sweden) as previously described. The pressure wire was passed through the struts of the MB stent, and FFR was measured at least 5 mm distal to the jailed SB stenosis. Hyperemia was induced with an intracoronary bolus administration (>80 μg) of adenosine or ATP. Lesions with FFR &lt;0.75 were considered functionally significant. FFR measurement was not mandatory in the case of an SB stenosis &lt;50% or SB total occlusion (Thrombolysis In Myocardial Infarction grade 0 or 1). The reference diameters, minimal lumen diameter, and lesion length were measured, and the percent diameter stenosis was calculated. MBs and SBs were analyzed separately. The proximal and distal MB was considered as a single vessel. For the percent diameter stenosis, average diameters of proximal and distal reference segments were used for MB lesions but only the distal reference diameter for the SB lesions. When SB flow was Thrombolysis In Myocardial Infarction grade 0 or 1 after MB stent implantation, the minimal lumen diameter was recorded as 0 mm. The angle of bifurcation was measured between the distal MB and SB.

Previous studies have suggested that the mechanism of SB lumen narrowing and plaque distribution is different depending on the location of a lesion in the MB. Shimada et al showed that more eccentric plaque with a negative remodeling was seen in bifurcations lesions located distal to the SB. Therefore, there would be more carina shift if the minimal lumen diameter is located at a distal MB. The MB lesion was classified as type A when the site of minimal lumen diameter was located in the MB proximal to the takeoff of the SB, and as type B when it was located in the MB distal to the takeoff of the SB.

IVUS analysis was done by an independent observer blinded to the clinical, FFR, and QCA information. Quantitative analyses were performed with computerized planimetry software (echoPlaque, Indec Systems Inc, Santa Clara, Calif) as previously described. Intraobserver variability has been reported previously. Minimal lumen area was measured at the narrowest luminal cross section, and the reference area at the most normal-looking cross section within 10 mm of the lesion without an intervening SB. The vessel remodeling ratio was defined as the ratio of the vessel area at the site of minimal lumen area and that of the reference site. Proximal reference was used for type A lesions and distal reference, for type B and SB lesions.

For the volumetric analysis, lumen and vessel areas were measured at 1-mm intervals starting 5 mm distal to the takeoff of the SB and ending 5 mm proximal to the takeoff (Figure 1). Volumes were calculated by Simpson’s rule. The volume index was derived from each volume parameter according to the formula of volume/length (mm3/mm). For poststenting IVUS measurement, the starting point of the proximal MB segment was determined by using the distance from the carina obtained from the prestenosing IVUS analysis. To compare the changes in matched segments before and after stent implantation, both the proximal and distal MB segments were divided into 1-mm-long subsegments and numbered from 1 (nearest to the SB) to 5 (Figure 1). For each subsegment, vessel,

![Figure 1. Absolute changes in volume indices according to the distance from an SB. *P&lt;0.005; comparison between pre- and poststenostion indices by repeated-measures ANOVA and post hoc test.](http://circinterventions.ahajournals.org/Downloaded from)
ANOVA was conducted for the analysis of IVUS parameters by included in this study. Clinical, angiographic, and procedural characteristics are shown in Table 1. After exclusion of the cases with an intervening second SB (n=6) or inadequate images (n=15), MB IVUS was available in 58 patients for 2-dimensional analysis and in 56 patients for 3-dimensional analysis. In 7 cases, baseline IVUS was performed after predilatation (balloon size, 2.1±0.3 mm; balloon artery ratio, 0.75±0.14).

Two-Dimensional IVUS Analysis
Preintervention 2-dimensional IVUS analysis results are shown in Table 2. At a reference segment, all IVUS parameters were larger in type A lesions. At the site of minimum lumen area, vessel and plaque areas were larger in type A lesion. However, lumen area was not different between the 2 groups (type A versus type B, 2.0±1.1 versus 2.1±1.1, P=0.753). There was no difference in the remodeling ratio between the 2 groups (type A versus type B, 0.94±0.15 versus 0.97±0.17, P=0.529).

Three-Dimensional IVUS Analysis Before and After MB Stenting
Sequential 3-dimensional IVUS analysis was available in 56 patients (Table 3). In contrast to the other volume indices, the plaque volume index of the distal segment was not changed after stent implantation (5.4±1.8 versus 5.3±1.7 mm³/mm, P=0.227). When each 1-mm volume segment was compared, all changes in vessel and lumen volume indices after stent implantation were significant (P<0.005). However, the change in plaque volume index was significant only at P-1 to P-3 segments (P-1: 9.7±3.3 to 8.4±2.5 mm³/mm, P=0.001; P-2: 9.4±3.2 to 8.4±2.4 mm³/mm, P=0.001; P-3: 9.2±3.3 to 8.3±2.5 mm³/mm; Figure 1).

FFR Versus Angiographic and IVUS Parameters
FFR was available in 68 SB lesions. The pressure wire failed to recross the SB in 7 cases and dissection (>type B) occurred in 3 cases. The mean FFR was 0.71±0.20, and 29 lesions (43%) were functionally significant. FFR was <0.75 in 18 of 33 lesions (54.5%) with ≥75% diameter stenosis and in 10 lesions (29.4%) with <75% stenosis.

Table 1. Clinical, Angiographic, and Procedural Characteristics

<table>
<thead>
<tr>
<th>Patient Characteristics</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, y</td>
<td>60±10</td>
</tr>
<tr>
<td>Male</td>
<td>52 (68)</td>
</tr>
<tr>
<td>Stable angina</td>
<td>35 (46)</td>
</tr>
<tr>
<td>Diabetes</td>
<td>22 (29)</td>
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<tr>
<td>Previous revascularization</td>
<td>12 (16)</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Angiographic and procedural characteristics</th>
<th>Value</th>
</tr>
</thead>
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<tr>
<td>Bifurcation type (medina classification)</td>
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<tr>
<td>1,1,1</td>
<td>20 (26)</td>
</tr>
<tr>
<td>1,0,1</td>
<td>13 (17)</td>
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<tr>
<td>0,1,1</td>
<td>11 (14)</td>
</tr>
<tr>
<td>Y type (angle &lt;70 degrees)</td>
<td>69 (90)</td>
</tr>
<tr>
<td>MB stent</td>
<td></td>
</tr>
<tr>
<td>Cypher/TAXUS/Xience V</td>
<td>43 (56)</td>
</tr>
<tr>
<td>Diameter/length, mm</td>
<td>3.1±0.4/29.6±11.9</td>
</tr>
<tr>
<td>SB intervention</td>
<td>35 (46)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Quantitative coronary angiography</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preintervention MB percent stenosis, %</td>
<td>63±14</td>
</tr>
<tr>
<td>MB lesion length, mm</td>
<td>19.5±10.3</td>
</tr>
<tr>
<td>SB percent stenosis, %</td>
<td>45±20</td>
</tr>
<tr>
<td>SB lesion length, mm</td>
<td>5.9±4.4</td>
</tr>
<tr>
<td>Post-MB stent implantation MB percent stenosis, %</td>
<td>8.0±8.9</td>
</tr>
<tr>
<td>SB percent stenosis, %</td>
<td>71±17</td>
</tr>
<tr>
<td>Jailed SB FFR</td>
<td>0.71±0.20</td>
</tr>
</tbody>
</table>

Values are expressed as n (%) or mean±SD.

lumen, and plaque volume indices were calculated from the mean values of each available cross-sectional slice in the 1-mm-long segment.12

Statistical Analysis
Data are presented as means±SDx for continuous variables and frequency for categorical variables. Comparison of continuous variables was performed with the Student t test. Repeated-measures ANOVA was conducted for the analysis of IVUS parameters by distance, and the probability value <0.005 was considered to be significant on post hoc test. Analysis of discrete variables was performed with the χ² test. Correlations between the FFR and angiographic and IVUS parameters were evaluated by Spearman correlation analysis. A binary logistic-regression analysis was performed to find the predictors of a functionally significant SB luminal narrowing after MB stenting. Angiographic parameters (vessel size, lesion severity, lesion length, bifurcation angle, and lesion location), which can influence the functional significance of SB narrowing, were included in this model. All statistical analyses were performed with SPSS version 11.0., and a probability value of <0.05 was considered statistically significant.

Results
From November 2007 to January 2009, 85 patients were enrolled, and 77 patients who met the inclusion criteria were included in this study. Clinical, angiographic, and procedural characteristics are shown in Table 1. After exclusion of the cases with an intervening second SB (n=6) or inadequate images (n=15), MB IVUS was available in 58 patients for 2-dimensional analysis and in 56 patients for 3-dimensional analysis. In 7 cases, baseline IVUS was performed after predilatation (balloon size, 2.1±0.3 mm; balloon artery ratio, 0.75±0.14).

Table 2. Preintervention 2-Dimensional IVUS Measurements

<table>
<thead>
<tr>
<th>Segment</th>
<th>Total</th>
<th>Type A Lesion (n=27)</th>
<th>Type B Lesion (n=31)</th>
<th>P*</th>
</tr>
</thead>
<tbody>
<tr>
<td>MLA site</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lumen area, mm³</td>
<td>5.5±2.4</td>
<td>6.4±2.6</td>
<td>4.7±2.0</td>
<td>0.007</td>
</tr>
<tr>
<td>Vessel area, mm²</td>
<td>11.5±4.0</td>
<td>13.8±4.0</td>
<td>9.4±2.7</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Plaque area, mm²</td>
<td>6.0±2.8</td>
<td>7.5±2.8</td>
<td>4.8±2.1</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Remodeling ratio</td>
<td>0.96±0.16</td>
<td>0.94±0.15</td>
<td>0.97±0.17</td>
<td>0.529</td>
</tr>
</tbody>
</table>

Values are expressed as n (%) or mean±SD.

*Type A vs type B.
MLA indicates minimum lumen area.
Table 3. Changes in IVUS Volume Indices (mm³/mm) After Stent Implantation

<table>
<thead>
<tr>
<th></th>
<th>Proximal Segment</th>
<th></th>
<th>Distal Segment</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Pre</td>
<td>Post</td>
<td>P</td>
<td>Pre</td>
</tr>
<tr>
<td>LVI</td>
<td>4.0±2.0</td>
<td>6.7±2.0</td>
<td>&lt;0.0001</td>
<td>3.5±1.5</td>
</tr>
<tr>
<td>PVI</td>
<td>9.1±3.0</td>
<td>8.4±2.4</td>
<td>0.001</td>
<td>5.4±1.8</td>
</tr>
<tr>
<td>VVI</td>
<td>13.2±3.6</td>
<td>15.1±3.5</td>
<td>&lt;0.0001</td>
<td>9.0±2.5</td>
</tr>
</tbody>
</table>

LVI indicates lumen volume index; PVI, plaque volume index; VVI, vessel volume index.

Among preintervention angiographic and IVUS parameters, SB minimal lumen diameter ($r=0.50$, $P<0.0001$), SB percent stenosis ($r=-0.50$, $P<0.0001$), lumen volume index of the distal MB ($r=0.43$, $P=0.003$), and plaque volume index of the proximal MB ($r=-0.31$, $P=0.047$) were correlated with SB FFR (Figure 2). When preintervention angiographic and IVUS parameters were compared, functionally significant lesions had more severe SB lesion (% diameter stenosis 54±20% versus 37±18%, $P<0.0001$), more frequent type B lesion (56% versus 44%, $P=0.04$), less lumen volume index at the distal MB (2.3±1.1 versus 3.6±1.8 mm³/mm, $P=0.01$), and more plaque burden at the MB (proximal MB, 80±8% versus 73±10%, $P=0.03$, distal MB, 73±10% versus 61±12%, $P=0.002$; Table 4). Binary logistic-regression analysis revealed that preintervention percent diameter stenosis of the SB (odds ratio=1.05; 95% CI, 1.01 to 1.09) and a type B lesion (odds ratio=3.86; 95% CI, 1.03 to 14.43) were independent angiographic predictors of functionally significant SB jailing (Table 5).

![Figure 2](http://circinterventions.ahajournals.org/content/13/4/585/F2.large.jpg)

Figure 2. Correlation between FFR of jailed SB lesion and preintervention angiographic and IVUS parameters.
When poststenting parameters were evaluated, the post-
stent SB minimal lumen diameter ($r=0.65$, $P<0.0001$) and
the poststent SB percent diameter stenosis ($r=-0.62$,
$P<0.0001$) were correlated with SB FFR. Neither vessel
volume index change in the distal MB ($r=-0.17$, $P=0.27$)
nor plaque volume index change in the proximal MB
($r=0.07$, $P=0.67$) was correlated with SB FFR.

Among the SB lesions with $\geq75\%$ diameter stenosis,
lesions with functionally significant stenosis ($n=18$) had
greater SB poststent percent diameter stenosis ($79.6\pm3.3\%$
versus $87.4\pm10.7\%$, $P=0.008$) and smaller minimal lumen
diameter ($0.45\pm0.07$ versus $0.26\pm0.22$ mm, $P=0.002$) than
those with functionally insignificant stenosis ($n=15$). How-
ever, after exclusion of 7 patients with slow flow (Thrombol-
ysis In Myocardial Infarction grade $\geq1$), no differences in
poststent angiographic parameters were found between the 2
groups. Furthermore, no difference was found in the amount
of change in SB stenosis after stenting (poststent % diameter
stenosis—prestent % diameter stenosis) and that in vessel
volume index of the distal MB and plaque volume index of the
proximal MB.

### Discussion

The first aim of this study was to define the mechanism of SB
jailing by IVUS. However, regardless of the mechanism,
what is clinically relevant is whether the lesion has functional

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### Discussion

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### Table 4. Comparison of Preintervention Angiographic and
IVUS Parameters Between Functionally Significant and
Nonsignificant Jailed SBs

<table>
<thead>
<tr>
<th>Parameters</th>
<th>FFR&lt;0.75 (N=28)</th>
<th>FFR≥0.75 (N=39)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Main branch</strong></td>
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<td></td>
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</tr>
<tr>
<td>Reference diameter, mm</td>
<td>3.0±0.6</td>
<td>3.0±0.4</td>
<td>1</td>
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<tr>
<td>Minimal lumen diameter, mm</td>
<td>1.0±0.4</td>
<td>1.2±0.4</td>
<td>0.15</td>
</tr>
<tr>
<td>% diameter stenosis</td>
<td>65±13</td>
<td>61±14</td>
<td>0.27</td>
</tr>
<tr>
<td><strong>Side branch</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reference diameter, mm</td>
<td>2.1±0.5</td>
<td>2.2±0.4</td>
<td>0.33</td>
</tr>
<tr>
<td>Minimal lumen diameter, mm</td>
<td>0.9±0.4</td>
<td>1.4±0.4</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>% diameter stenosis</td>
<td>54±20</td>
<td>37±18</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Type B lesion</td>
<td>19 (56)</td>
<td>15 (44)</td>
<td>0.04</td>
</tr>
<tr>
<td>Bifurcation angle, degrees</td>
<td>44±19</td>
<td>46±11</td>
<td>0.62</td>
</tr>
<tr>
<td><strong>IVUS parameters</strong></td>
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</tr>
<tr>
<td>FFR&lt;0.75 (N=22)</td>
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</tr>
<tr>
<td>Lumen volume index, mm$^3$/mm</td>
<td>2.6±1.1</td>
<td>3.4±1.5</td>
<td>0.08</td>
</tr>
<tr>
<td>Vessel volume index, mm$^3$/mm</td>
<td>13.2±3.5</td>
<td>12.7±3.5</td>
<td>0.67</td>
</tr>
<tr>
<td>Plaque volume index, mm$^3$/mm</td>
<td>10.6±3.1</td>
<td>9.4±3.1</td>
<td>0.21</td>
</tr>
<tr>
<td>Plaque burden, %</td>
<td>80±8</td>
<td>73±10</td>
<td>0.03</td>
</tr>
<tr>
<td><strong>Distal MB</strong></td>
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<tr>
<td>Lumen volume index, mm$^3$/mm</td>
<td>2.3±1.1</td>
<td>3.6±1.8</td>
<td>0.01</td>
</tr>
<tr>
<td>Vessel volume index, mm$^3$/mm</td>
<td>8.3±2.0</td>
<td>9.4±2.7</td>
<td>0.14</td>
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<tr>
<td>Plaque volume index, mm$^3$/mm</td>
<td>6.0±1.5</td>
<td>5.8±2.0</td>
<td>0.69</td>
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<tr>
<td>Plaque burden, %</td>
<td>73±10</td>
<td>61±12</td>
<td>0.002</td>
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</table>

- **MLD** indicates minimum lumen diameter.

### Table 5. Preinterventional Angiographic Predictors of
Functionally Significant SB Stenosis After MB
Stent Implantation

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Odds Ratio</th>
<th>95% CI</th>
<th>P</th>
</tr>
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<tbody>
<tr>
<td>MB reference diameter</td>
<td>1.10</td>
<td>0.29 to 4.23</td>
<td>0.89</td>
</tr>
<tr>
<td>MB % diameter stenosis</td>
<td>1.00</td>
<td>0.95 to 1.05</td>
<td>0.99</td>
</tr>
<tr>
<td>MB lesion length</td>
<td>1.02</td>
<td>0.96 to 1.08</td>
<td>0.50</td>
</tr>
<tr>
<td>SB reference diameter</td>
<td>0.27</td>
<td>0.06 to 1.31</td>
<td>0.11</td>
</tr>
<tr>
<td>SB % diameter stenosis</td>
<td>1.05</td>
<td>1.01 to 1.09</td>
<td>0.01</td>
</tr>
<tr>
<td>SB lesion length</td>
<td>1.06</td>
<td>0.89 to 1.25</td>
<td>0.53</td>
</tr>
<tr>
<td>Bifurcation angle (≥70 degrees)</td>
<td>3.62</td>
<td>0.23 to 58.14</td>
<td>0.37</td>
</tr>
<tr>
<td>MLD location (type B vs type A)</td>
<td>3.86</td>
<td>1.03 to 14.43</td>
<td>0.05</td>
</tr>
</tbody>
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### Mechanism of Geometric Changes After MB
Stent Implantation

A recent angiographic study suggested that the main mecha-
nism for the aggravation of an SB ostial stenosis after MB
stenting is an alteration in the geometry of the carina (carina
shift).6 However, the degree of carina shift can be influenced
by the response of the plaque in the distal MB to stent
deployment. Previous IVUS studies have shown that lumen
enlargement after stenting results from movement of plaque
and vessel enlargement in nonbifurcation lesions.13–15

In our study, plaque volume index of the distal MB did not
change after stent implantation. This result suggests that the
lumen increase in the distal MB is primarily due to enlarge-
ment of the vessel and not plaque shift, supporting the
concept that the degree of luminal narrowing of an SB after
stenting the MB is a result of carina shift. However, in the
proximal MB, plaque area changed significantly after stent
implantation, particularly in the region closest to the ostium
of the SB. Although, plaque shift to the SB ostium was not
observed directly, our results provide indirect evidence of
plaque shift from the proximal segment of the MB into the SB
ostium after MB stent implantation. Previous IVUS studies
revealed that a longitudinal plaque redistribution, especially
to a distal segment, is the main component of plaque area
change after stent implantation.14–15 On the basis of these
results, SB jailing can occur both by carina shift and plaque
shift. The different response of the plaque according to its
location may be due to the differences in plaque character and
the pattern of plaque distribution and remodeling.8,16–19

### Anatomy Versus Functional Significance

In addition to an artifact by overlapping stent struts, SB
ostial lesions have unique characteristics. SB ostial lesions
are usually eccentric owing to the uneven distribution of shear
stress.20,21 Furthermore, because carina shifting results in a
single directional compression of the SB ostium, this phe-
nomenon makes the stenosis even more eccentric (Figure 3).
As the SB ostial stenosis cannot be evaluated by 2 true
orthogonal angiographic views due to an overlap with the
MB, angiographic minimal lumen diameter of an eccentric
SB ostial lesion usually underestimates the true lumen area. In our study, the angiographic determinants of a functionally significant SB lesion were the preintervention SB percent diameter stenosis and the presence of a type B lesion, reflecting the degree of underlying disease and carina shift, respectively. SB FFR was correlated with the parameters representing underlying SB disease (SB minimal lumen diameter and SB % stenosis), carina shift (lumen volume index of the distal MB), and plaque shift (plaque volume index of the proximal MB, plaque burden in the MB). However, the degree of underestimation of the SB lumen area can be different in each case, according to the relative contribution of each component (amount and location of underlying plaque, degree of remodeling, bifurcation angle, and the extent of plaque and carina shift) on luminal narrowing of the SB. Indeed, after exclusion of the lesions with slow flow, no difference in poststenotic angiographic parameters was found between functionally significant and nonsignificant SB lesions in patients with angiographically tight SB stenoses.

Limitations

There are several limitations to our study. The sample size is relatively small, and both IVUS and FFR evaluations were not available in all patients. IVUS of the SB after MB stenting was not performed, thus limiting our evaluation of the anatomic changes in the SB ostium. However, it is difficult to perform IVUS of the SB and obtain adequate images through undilated struts. It is not clear from this study that the clinical outcome of the ostial SB lesion, whether or not functionally significant, is correlated with IVUS findings. QCA was not performed with a dedicated bifurcation analysis system. Compared with a previous study,⁶ the proportion of functionally significant stenoses in patients with angiographically tight SB stenoses was larger in this study. The difference may reflect the difficulty in assessing the SB ostial stenosis by QCA. The SB ostium after MB stenting is generally small and frequently overlaps the MB. Manual correction to accurately detect the edge is subject to interindividual variability. However, it is not known whether the angiographic parameters measured by a dedicated bifurcation QCA system are correlated better with the functional significance of jailed SB lesions. Some patients underwent predilation before the IVUS, and in a small number of patients a different IVUS system was used. However, analyzing the data without these patients included did not affect the results. Finally, the SB lesions included in this study were relatively short ostial lesions; therefore, the results cannot be directly applied to diffuse or multiple SB lesions.

In conclusion, aggravation of SB luminal narrowing after MB stent implantation results from both plaque shift and carina shift. However, it is difficult to predict the functional significance of each jailed SB lesion on the basis of anatomic characteristics owing to the complex mechanism of luminal narrowing and its individual variability.

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Disclosures

None.

References

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To develop improved strategies and devices for coronary bifurcation lesions, better insight into both the anatomic and functional aspects of bifurcation lesions is required. We sought to investigate the mechanism of geometric changes after MB stent implantation and to identify the predictors of functionally significant jailed SB lesions with both IVUS and FFR. IVUS analyses showed that SB jailing can occur both by carina shift and plaque shift. Angiographic determinants of a functionally significant SB lesion were the preintervention SB percent diameter stenosis and the MB minimum lumen diameter located distal to the SB ostium, reflecting the degree of underlying disease and carina shift, respectively. However, it was difficult to predict the functional significance of each jailed SB lesion. This study showed the complex mechanism of SB jailing and its individual variability, which explains the difficulty of angiographic assessment in evaluating the functional significance of a jailed SB.

CLINICAL PERSPECTIVE

Anatomic and Functional Evaluation of Bifurcation Lesions Undergoing Percutaneous Coronary Intervention

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