Low Coronary Microcirculatory Resistance Associated With Profound Hypotension During Intravenous Adenosine Infusion

Implications for the Functional Assessment of Coronary Stenoses

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Background—Intravenous adenosine infusion produces coronary and systemic vasodilatation, generally leading to systemic hypotension. However, adenosine-induced hypotension during stable hyperemia is heterogeneous, and its relevance to coronary stenoses assessment with fractional flow reserve (FFR) remains largely unknown.

Methods and Results—FFR, coronary flow reserve, and index of microcirculatory resistance were measured in 93 stenosed arteries (79 patients). Clinical and intracoronary measurements were analyzed among tertiles of the percentage degree of adenosine-induced hypotension, defined as follows: $\Delta P_a = \left[100 - (\text{hyperemic aortic pressure} \times 100 / \text{baseline aortic pressure})\right]$. Overall, $\Delta P_a$ was $-13.6 \pm 12.0\%$. Body mass index was associated with $\Delta P_a$ ($r=0.258\; P=0.025\%$ and obesity, an independent predictor of profound adenosine-induced hypotension (tertile 3 of $\Delta P_a$, odds ratio, 3.95 [95% confidence interval, 1.48–10.54]; $P=0.006$). $\Delta P_a$ was associated with index of microcirculatory resistance ($r=0.311\; P=0.002$), coronary flow reserve ($r=-0.246\; P=0.017$), and marginally with FFR ($r=0.203\; P=0.051$). However, index of microcirculatory resistance ($r=0.003\; P=0.001$) and not $\Delta P_a$ ($r=0.001\; P=0.564$) was a predictor of FFR. Compared with tertiles 1 and 2 of $\Delta P_a$ (n=62 [66.6%]), stenoses assessed during profound adenosine-induced hypotension (n=31 [33.3%]) had lower index of microcirculatory resistance (12.4 [8.6–22.7] versus 20 [15.8–35.5]; $P=0.001$) and FFR values (0.77±0.13 versus 0.83±0.12; $P=0.021$), as well as a nonsignificant increase in coronary flow reserve (2.5±1.1 versus 2.2±0.87; $P=0.170$).

Conclusions—The modification of systemic blood pressure during intravenous adenosine infusion is related to hyperemic microcirculatory resistance in the heart. Profound adenosine-induced hypotension is associated with obesity, lower coronary microcirculatory resistance, and lower FFR values. (Circ Cardiovasc Interv. 2014;7:00-00.)

Key Words: adenosine • coronary disease • physiology

Central intravenous administration of adenosine at a constant rate is the recommended method to induce coronary hyperemia for fractional flow reserve (FFR) assessment because it enables a steady hyperemic state. Intravenous adenosine produces vasodilatation in coronary and noncoronary vascular beds, which typically decreases mean blood pressure (BP) a –10% to –15% during stable hyperemia. Nevertheless, observational and experimental studies have observed a large interpatient variability in the BP response to intravenous adenosine, with most patients developing mild hypotension, whereas in others, BP profoundly decreases during stable hyperemia. The possible relevance of these varying BP responses to intravenous adenosine for stenosis assessment with FFR, however, has been barely addressed in the literature. Accordingly, in the present study, we investigated the relationship between adenosine-induced hypotension and clinical and intracoronary physiological measurements in an unselected series of patients with epicardial stenoses suitable for physiological interrogation, in which FFR, coronary flow reserve (CFR), and index of microcirculatory resistance...
WHAT IS KNOWN

• Intravenous adenosine infusion produces coronary and systemic vasodilatation, generally leading to systemic hypotension.
• Although adenosine-induced hypotension is known to be heterogeneous, its relevance to coronary stenosess assessment with fractional flow reserve (FFR) remains largely unknown.

WHAT THE STUDY ADDS

• The modification of systemic blood pressure during adenosine infusion is related to the hyperemic microcirculatory resistance in the heart.
• Profound adenosine-induced hypotension is associated with obesity, lower coronary microcirculatory resistance, and lower FFR values.

(IMR) were measured during their clinical evaluation in the catheterization laboratory.

Methods

Study Population

Patients with a clinical indication for FFR interrogation of ≥2 arterial segments showing an intermediate stenosis (40%–70% diameter stenosis by quantitative coronary angiography), investigated at Hospital Clínico San Carlos, Madrid, Spain, were prospectively studied. Culprit vessels of acute coronary syndromes, serial stenoses, marked diffuse narrowings, left main stenosis, surgical grafts, and contraindications to adenosine were excluded. Distal narrowings, not amenable to revascularization (vessel diameter <1 mm), were allowed. All patients gave informed consent, and institutional review board approval was obtained according to current regulations.

Angiographic Analysis

Angiographic views were obtained after administration of intracoronary nitroprusside (0.2 mg). Offline quantitative coronary angiography analysis was performed in optimal projections using validated quantitative coronary angiography software (CASS II, Pie Medical, Maastricht, The Netherlands). The filmed guide catheter filled with contrast medium was used as a calibrating device. Minimum lumen diameter, percent diameter stenosis, lesion length, and reference lumen diameter were measured. Data were collected by 2 experienced reviewers blinded to physiological data.

Intracoronary Physiological Indices

Coronary guidewires equipped with sensors of pressure and temperature (St Jude Medical, St. Paul, MN) were used according to described methodologies. FFR was calculated as the ratio of distal coronary pressure (Pd) to proximal coronary pressure (Pa) at stable hyperemia induced by intravenous adenosine (140 μg/kg per minute through a central vein). Persistence of calibration was checked. CFR was measured simultaneously with FFR using the thermodilution technique through a central vein. Persistence of calibration was checked. CFR was calculated as the ratio of mean transit time (Tmnhyp) divided by mean hyperemic transit time (Tmnhyp).

Because of its pressure dependency, CFR was corrected for changes in BP as described elsewhere. IMR was calculated as the product of coronary nitrates (0.2 mg). Offline quantitative coronary angiography), investigated at Hospital Clinico San Carlos, Madrid, Spain, were prospectively studied. Culprit vessels of acute coronary syndromes, serial stenoses, marked diffuse narrowings, left main stenosis, surgical grafts, contraindications to adenosine, and severe vessel tortuosity or calcification were excluded. Distal narrowings, not amenable for revascularization (vessel diameter <1 mm), were allowed. All patients gave informed consent, and institutional review board approval was obtained according to current regulations.

Results

Baseline Characteristics

Clinical characteristics of the study population (93 arteries studied in 79 patients) are shown in Table 1. Overall, Pd-bas was 90±18 mm Hg and fell to 78±20 mm Hg (Pd-hyp) during stable hyperemia (P<0.001). Thus, adenosine produced a decrease in BP (ΔP) of −12±11 mm Hg (min–max, −13 to −48 mm Hg) that corresponded to a percentage fall (%ΔP) of −13.6±12% (min–max, +13.3% to −45.7%; Figure 1). A decrease in BP (ΔP) of −12±11 mm Hg (min–max, −13 to −48 mm Hg) that corresponded to a percentage fall (%ΔP) of −13.6±12% (min–max, +13.3% to −45.7%; Figure 1). A decrease in BP (ΔP) of −12±11 mm Hg (min–max, −13 to −48 mm Hg) that corresponded to a percentage fall (%ΔP) of −13.6±12% (min–max, +13.3% to −45.7%; Figure 1). A decrease in BP (ΔP) of −12±11 mm Hg (min–max, −13 to −48 mm Hg) that corresponded to a percentage fall (%ΔP) of −13.6±12% (min–max, +13.3% to −45.7%; Figure 1). A decrease in BP (ΔP) of −12±11 mm Hg (min–max, −13 to −48 mm Hg) that corresponded to a percentage fall (%ΔP) of −13.6±12% (min–max, +13.3% to −45.7%; Figure 1). A decrease in BP (ΔP) of −12±11 mm Hg (min–max, −13 to −48 mm Hg) that corresponded to a percentage fall (%ΔP) of −13.6±12% (min–max, +13.3% to −45.7%; Figure 1). A decrease in BP (ΔP) of −12±11 mm Hg (min–max, −13 to −48 mm Hg) that corresponded to a percentage fall (%ΔP) of −13.6±12% (min–max, +13.3% to −45.7%; Figure 1). A decrease in BP (ΔP) of −12±11 mm Hg (min–max, −13 to −48 mm Hg) that corresponded to a percentage fall (%ΔP) of −13.6±12% (min–max, +13.3% to −45.7%; Figure 1). A decrease in BP (ΔP) of −12±11 mm Hg (min–max, −13 to −48 mm Hg) that corresponded to a percentage fall (%ΔP) of −13.6±12% (min–max, +13.3% to −45.7%; Figure 1). A
tertile analysis according to $\% \Delta P_a$ is also shown in Table 1. Values of −6.7% and −17.2% defined the $\% \Delta P_a$ tertiles. Body mass index was associated with $\% \Delta P_a$ ($r = −0.236; P = 0.037$), and a statistical trend toward higher drops in BP ($\% \Delta P_a$) was observed in patients with obesity (body mass index $\geq 30$ kg/m$^2$; −16.9±12.1% versus −11.4±12%; $P = 0.056$). Compared with tertiles 1 and 2 of $\% \Delta P_a$ (n=49), patients experiencing profound hypotensive responses (tertile 3 of $\% \Delta P_a$; n=25) were more likely to be diabetic (44% versus 18.4%; $P = 0.021$) and obese (60% versus 28.6%; $P = 0.009$). Although diabetes mellitus and dyslipidemia were statistically associated with profound hypotensive responses in univariate analyses, obesity remained as its only independent predictor (odds ratio [OR], 3.95 [95% confidence interval {CI}: 1.48–10.54]; $P = 0.006$). Of note, the used adenosine dosage was not statistically associated with $\% \Delta P_a$ ($r = 0.173; P = 0.128$).

Relationship Between Adenosine-Induced Hypotension and FFR

Angiographic and physiological characteristics of studied vessels are found in Table 2. Neither quantitative coronary angiography analyses, baseline pressures, nor the hyperemic trans-stenotic pressure gradient ($P_{a-hyp} - P_{d-hyp}$; $r = 0.086; P = 0.412$) was associated with $\% \Delta P_a$. Furthermore, FFR was not statistically associated with $P_{a-bas}$ ($r = −0.077; P = 0.461$) or $P_{d-hyp}$ ($r = −0.159; P = 0.127$). However, a trend toward a significant association between FFR and $\% \Delta P_a$ ($r = 0.203; P = 0.051$) was observed, suggesting a relationship between the degree of adenosine-induced hypotension and hyperemic coronary hemodynamics. This association became stronger when stenoses assessed during profound hypotensive responses (n=31) were compared with those in tertiles 1 and 2 of $\% \Delta P_a$ (n=62), because during the former, FFR values were significantly lower (0.77±0.13 versus 0.83±0.12; $P = 0.021$).

### Table 1. General Characteristics of Study Population

<table>
<thead>
<tr>
<th></th>
<th>Tertile 1 Mild-H</th>
<th>Tertile 2 Moderate-H</th>
<th>Tertile 3 Profound-H</th>
<th>P Value (Overall)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$% \Delta P_a &gt; −6.7%$ (n=24)</td>
<td>$−6.7 %$ to $−17.2%$ (n=24)</td>
<td>$&lt; −17.2%$ (n=25)</td>
<td></td>
</tr>
<tr>
<td>Age</td>
<td>65±10 to 63±11</td>
<td>64±11 to 64±11</td>
<td>67±10 to 64±11</td>
<td>0.421</td>
</tr>
<tr>
<td>Male</td>
<td>65 (83.3)</td>
<td>21 (87.5)</td>
<td>20 (80.0)</td>
<td>0.922</td>
</tr>
<tr>
<td>Body surface area, m$^2$</td>
<td>1.94±0.21</td>
<td>1.95±0.13</td>
<td>1.99±0.18</td>
<td>0.574</td>
</tr>
<tr>
<td>Body mass index, kg/m$^2$</td>
<td>28.9±5.0</td>
<td>28.9±5.0</td>
<td>30.4±4.2</td>
<td>0.151</td>
</tr>
<tr>
<td>Adenosine dose, mg/min</td>
<td>11.28±1.72</td>
<td>11.05±1.87</td>
<td>11.08±1.44</td>
<td>0.387</td>
</tr>
</tbody>
</table>

Cardiovascular risk factors

- Hypertension: 59 (74.7) vs. 16 (66.7) vs. 19 (79.2) vs. 18 (72.0); $P = 0.645$
- Diabetes mellitus: 20 (25.3) vs. 5 (20.8) vs. 4 (16.7) vs. 11 (44.0); $P = 0.084$
- Dyslipidemia: 54 (68.4) vs. 19 (79.2) vs. 12 (50.0) vs. 19 (76.0); $P = 0.073$
- Obesity (BMI $\geq 30$ kg/m$^2$): 30 (38.0) vs. 8 (33.3) vs. 6 (25.0) vs. 15 (60.0); $P = 0.033$
- Smoker: 22 (27.8) vs. 9 (37.5) vs. 8 (33.3) vs. 5 (20.0); $P = 0.411$
- Previous myocardial infarction: 44 (55.7) vs. 14 (58.3) vs. 14 (58.3) vs. 13 (52.0); $P = 0.874$
- Multivessel disease: 39 (49.4) vs. 11 (45.8) vs. 11 (45.8) vs. 13 (52.0); $P = 0.876$

Clinical presentation

- Stable angina: 40 (50.6) vs. 12 (50.0) vs. 11 (45.8) vs. 13 (52.0); $P = 0.626$
- Postmyocardial infarction: 25 (31.6) vs. 6 (25.0) vs. 11 (45.8) vs. 7 (28.0); $P = 0.467$
- Unstable angina II B: 11 (13.9) vs. 4 (16.7) vs. 2 (8.3) vs. 4 (16.0); $P = 0.876$
- Unstable angina III B: 3 (3.8) vs. 2 (8.3) vs. 1 (4.0); $P = 0.876$

Values are mean±SD, median (25th–75th), or n (%). II B indicates primary angina, at rest, within past month but not within preceding 48 h; III B, primary angina, at rest, within preceding 48 h; and BMI, body mass index.

*Six patients with discordant blood pressure responses between vessels across tertiles of $\% \Delta P_a$ were excluded.

†$P<0.05$ compared with tertile 1.

‡$P<0.05$ for linear trend.

Figure 1. Plot of mean aortic pressure at baseline and during stable hyperemia. Cases in red are those that developed the lowest tertile (<15 U) of index of microcirculatory resistance values.
and more likely to be below the ≤0.80 cutoff (61.3% versus 32.3%; \( P=0.008 \); Figure 2A). Furthermore, a trend in the prevalence of FFR values ≤0.80 across decreasing tertiles of \( \% \Delta P \) was observed (\( P \) for trend=0.041), changing from 35.5% (OR=1) to 29.0% (OR=0.744; 95% CI: 0.255–2.166) and 61.3% (OR, 2.879; 95% CI: 1.026–8.074) from the first to the second and third tertiles of \( \% \Delta P \), respectively, without a significant deviation from linearity (\( P=0.073 \); Table 2). Finally, the \( \% \Delta P \) observed during the assessment of stenoses with FFR ≤0.80 (n=39) was significantly higher than in those with FFR >0.80 (n=54; –17.1±11.9% versus –11.0±11.6%; \( P=0.014 \)).

### Relationship Among Adenosine-Induced Hypotension, Microcirculatory Resistance, and CFR

A significant association between IMR and \( \% \Delta P \) (\( r=0.311; P=0.002 \)) was observed, suggesting a proportionality between the change in systemic arterial resistance and minimum microcirculatory resistance produced by adenosine infusion (Figure 3). Furthermore, stenoses assessed during profound hypotensive responses (n=31; Figure 2B) had significantly lower IMR values than those assessed in tertiles 1 and 2 of \( \% \Delta P \) (n=62; 12.7 [8.7–22.7] versus 20 [15.8–35.5]; \( P=0.001 \)). A decreasing trend in the prevalence of high IMR values

### Table 2. General Characteristics of Epicardial Stenoses Included in the Study According to Adenosine-Induced Hypotensive Effect

<table>
<thead>
<tr>
<th>Tertile Analysis According to Adenosine-Induced Hypotensive Responses (H)</th>
<th>Total Vessels (N=93)</th>
<th>Tertile 1 Mild-H</th>
<th>Tertile 2 Moderate-H</th>
<th>Tertile 3 Profound-H</th>
<th>P Value (Overall)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Stenosis location</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Left anterior descending artery</td>
<td>40 (43.0)</td>
<td>14 (45.2)</td>
<td>13 (41.9)</td>
<td>13 (41.9)</td>
<td>0.947</td>
</tr>
<tr>
<td>Circumflex</td>
<td>21 (22.6)</td>
<td>8 (25.8)</td>
<td>6 (19.4)</td>
<td>7 (22.6)</td>
<td></td>
</tr>
<tr>
<td>Right coronary artery</td>
<td>32 (34.4)</td>
<td>9 (29)</td>
<td>12 (38.7)</td>
<td>11 (35.5)</td>
<td></td>
</tr>
<tr>
<td><strong>Quantitative coronary angiography</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reference diameter, mm</td>
<td>3.06±0.64</td>
<td>3.05±0.75</td>
<td>2.91±0.59</td>
<td>2.80±0.70</td>
<td>0.380</td>
</tr>
<tr>
<td>Minimal lumen diameter, mm</td>
<td>1.30±0.43</td>
<td>1.26±0.52</td>
<td>1.33±0.35</td>
<td>1.30±0.42</td>
<td>0.857</td>
</tr>
<tr>
<td>Diameter stenosis, %</td>
<td>48±13</td>
<td>50±13</td>
<td>47±10</td>
<td>48±12</td>
<td>0.693</td>
</tr>
<tr>
<td>Lesion length, mm</td>
<td>8.0±3.7</td>
<td>8.1±4.4</td>
<td>7.8±2.9</td>
<td>7.1±3.2</td>
<td>0.593</td>
</tr>
<tr>
<td><strong>Physiological parameters</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>( % \Delta P ), %</td>
<td>–13.6±12.0</td>
<td>–0.9±5.5†</td>
<td>–13.1±2.8</td>
<td>–26.7±7.8†</td>
<td>&lt;0.001§</td>
</tr>
<tr>
<td>( \Delta P ), mmHg</td>
<td>–12±11</td>
<td>–1±5†</td>
<td>–12±3</td>
<td>–23±7†</td>
<td>&lt;0.001§</td>
</tr>
<tr>
<td>( P_{a-bas} ), mmHg</td>
<td>90±18</td>
<td>93±19</td>
<td>88±13</td>
<td>89±22</td>
<td>0.552</td>
</tr>
<tr>
<td>( P_{a-hyp} ), mmHg</td>
<td>81±18</td>
<td>84±21</td>
<td>80±13</td>
<td>78±21</td>
<td>0.386</td>
</tr>
<tr>
<td>( P_{a-hyp}/P_{a-bas} ), mmHg</td>
<td>0.91 (0.88–0.95)</td>
<td>0.93 (0.89–0.96)</td>
<td>0.91 (0.90–0.96)</td>
<td>0.90 (0.86–0.94)</td>
<td>0.350</td>
</tr>
<tr>
<td>( P_{d-bas} ), mmHg</td>
<td>78±20</td>
<td>92±20†</td>
<td>77±12</td>
<td>66±20†</td>
<td>&lt;0.001§</td>
</tr>
<tr>
<td>( P_{d-hyp} ), mmHg</td>
<td>64±21</td>
<td>76±22†</td>
<td>64±12</td>
<td>51±18†</td>
<td>&lt;0.001§</td>
</tr>
<tr>
<td>( P_{d-hyp}/P_{d-bas} ), mmHg</td>
<td>15±10</td>
<td>16±11</td>
<td>13±9</td>
<td>15±10</td>
<td>0.388</td>
</tr>
<tr>
<td>CFR</td>
<td>2±0.80</td>
<td>2±0.7</td>
<td>2±1.4</td>
<td>2.5±1.2</td>
<td>0.132</td>
</tr>
<tr>
<td>CFR &lt;2</td>
<td>42 (45.2)</td>
<td>16 (51.6)</td>
<td>14 (45.2)</td>
<td>12 (38.7)</td>
<td>0.635</td>
</tr>
<tr>
<td>Corrected IMR, U</td>
<td>18.0 (12.1–28.3)</td>
<td>19.0 (12.1–40.8)</td>
<td>20.4 (16.8–29.1)</td>
<td>12.7 (6.7–22.7)††</td>
<td>0.003</td>
</tr>
<tr>
<td>Uncorrected IMR, U</td>
<td>19.5 (12.7–30.3)</td>
<td>22.0 (16.0–42.0)</td>
<td>22.0 (16.0–29.0)</td>
<td>12.8 (10.0–23.0)††</td>
<td>0.002</td>
</tr>
<tr>
<td>Corrected IMR ≥30 U</td>
<td>21 (22.6)</td>
<td>12 (38.7)</td>
<td>7 (22.6)</td>
<td>2 (6.5)†</td>
<td>0.010§</td>
</tr>
<tr>
<td>Uncorrected IMR ≥30 U</td>
<td>23 (24.7)</td>
<td>12 (38.7)</td>
<td>7 (22.6)</td>
<td>4 (9.7)†</td>
<td>0.019§</td>
</tr>
<tr>
<td>Tmnb, seg</td>
<td>0.73±0.49</td>
<td>0.76±0.49</td>
<td>0.82±0.52</td>
<td>0.60±0.44</td>
<td>0.184</td>
</tr>
<tr>
<td>Tmnhyp, seg</td>
<td>0.37±0.21</td>
<td>0.38±0.21</td>
<td>0.41±0.26</td>
<td>0.32±0.13</td>
<td>0.192</td>
</tr>
</tbody>
</table>

Values are mean±SD, median (25th–75th), or n (%). CFR indicates coronary flow reserve; FFR, fractional flow reserve; IMR, index of microcirculatory resistance; \( P_{a-bas} \), aortic pressure (baseline); \( P_{a-hyp} \), aortic pressure (hyperemia); \( P_{d-bas} \), distal pressure (baseline); \( P_{d-hyp} \), distal pressure (hyperemia); Tmnb, basal mean transit time; and Tmnhyp, hyperemic mean transit time.

†\( P<0.05 \) compared with tertile 2.
‡\( P<0.05 \) compared with tertile 1.
§\( P<0.05 \) for linear trend.
Adenosine-Induced Hypotension and FFR Measurements

5

Echavarria-Pinto et al

(≥30 U) across tertiles of %ΔP, was also observed (P for trend=0.0025), decreasing from 38.7% (OR=1.0) to 22.6% (OR, 0.462 [95% CI: 0.152–1.401]) and 6.5% (OR, 0.109 [95% CI: 0.022–0.543]) from the first to the second and third tertiles of %ΔP, respectively, without a significant deviation from linearity (P=0.752). Of note, the %ΔP observed during the assessment of stenoses with IMR ≥30 (n=21) was significantly lower than in those with IMR <30 (n=72; –5.7±9.8% versus –15.9±11.7%; P<0.001). CFR was also associated with %ΔP (r=–0.246; P=0.017), and although stenoses assessed during profound hypotensive responses had higher values of CFR than those assessed in tertiles 1 and 2 of %ΔP (2.5±1.5 versus 2.2±0.9), statistical significance was not reached (P=0.170).

However, the observed increase in CFR under profound hypotensive responses seemed to be clinically relevant, because during the latter, the prevalence of vessels with FFR ≤0.80 and CFR ≥2 was higher (35.5% versus 14.5% in tertiles 1 and 2 of %ΔP; P=0.031; OR, 3.24 [95% CI: 1.17, 8.99]; P=0.023).

Integrating Adenosine-Induced Hypotension, FFR, Microcirculatory Resistance, and CFR

Because IMR and %ΔP were significantly associated with FFR (at P<0.10), multivariable regression models were performed. These analyses identified that IMR (β=0.003; P<0.001) and not %ΔP (β=0.001; P=0.564) was independently associated with FFR. Finally, Figure 4 summarizes the hemodynamic findings of the present study: although no significant differences were observed between stenoses assessed during mild and moderate adenosine-induced hypotensive responses, those stenoses assessed during profound adenosine-induced hypotension had significantly lower IMR and FFR values, as well as a nonsignificant increase in CFR.

Discussion

To our knowledge, this is first study that investigated differences in the functional assessment of coronary stenoses among different degrees of adenosine-induced hypotension. Our results suggest that such response is heterogeneous and associated with relevant differences in clinical and intracoronary physiological characteristics. We observed that adenosine-induced hypotension was associated with body mass index and more pronounced in obese subjects. We also observed a proportionality between the modification in systemic arterial and coronary microcirculatory resistance produced by intravenous adenosine. Finally, the obtained FFR values were

Figure 2. Visual distribution of fractional flow reserve and microcirculatory resistance values across the tertiles of adenosine-induced hypotension. A, Fractional flow reserve (FFR) values are explored across the tertiles of %ΔP. It can be observed that during profound hypotensive responses to intravenous adenosine (tertile 3 of %ΔP), FFR values tend to be lower. The horizontal line is placed at the cutoff value of 0.80. B, Index of microcirculatory resistance (IMR) values among tertiles of %ΔP. It can also be observed that during profound hypotensive responses to intravenous adenosine (tertile 3 of %ΔP), IMR values tend to be lower. The horizontal line is placed at the median value of IMR (18 U).

Figure 3. Microcirculatory resistance values according to fractional flow reserve as distributed among the percentage degree of adenosine-induced hypotension. A significant association between coronary microcirculatory resistance (index of microcirculatory resistance [IMR]) and the percentage fall in blood pressure produced by adenosine (%ΔP) was observed. Vertical lines are located at the %ΔP tertiles. Please note that fractional flow reserve (FFR) values >0.80 are distributed toward higher values of IMR and %ΔP, and conversely, FFR values ≤0.80 are distributed toward lower values of IMR and %ΔP.

0.031, P=0.002
associated with microcirculatory resistance, with FFR and IMR being lower in those stenoses assessed during profound hypotensive responses. In the following paragraphs, we discuss the potential clinical implications of our observations in the context of current knowledge of adenosine physiology.

**Coronary and Systemic Effects of Adenosine Infusion**

The most widely recommended coronary hyperemic agent is intravenous adenosine because of its safety and ability to produce a steady hyperemic state. Physiologically, adenosine is an endogenous purine nucleoside that interacts with specific cell surface receptors located on smooth muscle and endothelial cells. These receptors can be divided into 4 major subtypes: $A_1$, $A_{2A}$, $A_{2B}$, and $A_3$. Adenosine receptors are coupled to $G$ proteins that modulate the activity of adenylate cyclase in different directions: $A_1$ and $A_3$ receptors are coupled to $G_i$/$G_{q_1}$ proteins that inhibit adenylate cyclase activity, whereas $A_{2A}$ and $A_{2B}$ receptors are coupled to $G_s$ that activates adenylate cyclase. When activated, adenylate cyclase leads to the production and accumulation of cAMP that activates protein kinase A, which ultimately produces smooth muscle cell hyperpolarization and relaxation, particularly through the activation of intermediate-conductance $K_{ca}$ channels.

Therefore, adenosine-induced peripheral and coronary dilatation is mainly mediated through the activation of $A_{2A}$ and $A_{2B}$ receptors. However, on the other side, it has been consistently observed that the inhibition of adenylate cyclase (mediated by the $A_1$ and $A_3$ receptors) leads to vasoconstriction.

In the systemic circulation, intravenous adenosine produces a dose-dependent decrease in vascular resistance that is normally paralleled by significant decreases in central venous and left ventricular end-diastolic pressures. Although a reflex sympathetic discharge is also produced (aimed to increase cardiac output), it is accepted that intravenous adenosine decreases mean BP –10% to –15% during FFR measurements. Interestingly, however, heterogeneous responses in BP to intravenous adenosine have been reported ranging from hypertensive to profound hypotensive. Notwithstanding, the possible clinical significance of this heterogeneous BP response to intravenous adenosine for FFR measurement has been barely addressed in previous research.

**Profound Adenosine-Induced Hypotension and Its Relationship With Obesity**

Intravenous adenosine produces a dose-dependent decrease in vascular resistance that is normally paralleled by significant decreases in central venous and left ventricular end-diastolic pressures. Although a reflex sympathetic discharge is also produced (aimed to increase cardiac output), it is accepted that intravenous adenosine decreases mean BP –10% to –15% during FFR measurements. Interestingly, however, heterogeneous responses in BP to intravenous adenosine have been reported ranging from hypertensive to profound hypotensive. Notwithstanding, the possible clinical significance of this heterogeneous BP response to intravenous adenosine for FFR measurement has been barely addressed in previous research.

**Figure 4.** Fractional flow reserve, microcirculatory resistance, and coronary flow reserve as explored across the tertiles of adenosine-induced hypotension. Only overall $P$ values and post hoc test $P<0.10$ are shown.
associated with an heterogeneous impairment in adenosine receptor subtypes. Specifically, it has been proposed that in conditions where A₁ receptor-mediated responses are preserved but A₂ receptor-mediated responses are impaired, an increase in adenosine-induced dilatation can be produced because of diminished A₁ constrictive effects. Obesity is one of these conditions. A₁ receptor agonists are less potent in obese animals, and the concentration of A₁ receptors is lower in adipocytes isolated from obese humans compared with nonobese. Furthermore, the decrease in these receptors, which is attributed to downregulation, is negatively correlated with body mass index. Although the translation of these findings from the adipose to the vascular tissue is speculative, proportional changes in subtypes of adenosine receptors among different human tissues have been observed, providing biological plausibility to this hypothesis. Taken all together, our observation is supported by available information that suggests that obesity might be related to profound hypotensive responses to intravenous adenosine either through an impaired sympathetic autonomic or possibly through an impaired adenosine A₁ receptor function.

**Assessment of Coronary Stenoses During Different Degrees of Adenosine-Induced Hypotension**

Coronary hemodynamics are influenced by shifting systemic (aortic) and intraventricular pressures, and the coronary perfusion pressure is a result of the difference between diastolic Pₐ and left ventricular end-diastolic pressure. Challenging the proposal that FFR remains unaltered in shifting hemodynamic conditions, Siebes et al. observed in a resistive model that for a given coronary stenosis, FFR increased with decreasing Pₐ or increasing microcirculatory resistance. At a low driving pressure, such as that observed in our patients with profound hypotensive responses, FFR should be higher if predominantly dependent on aortic pressure. For this reason, it could result paradoxical that in our work, stenoses interrogated during profound hypotensive responses presented significantly lower FFR values. However, this can be explained by a novel observation in our work, namely that microcirculatory resistance significantly decreases as adenosine hypotensive effect becomes larger (Figure 3). From a hemodynamic point of view, these findings remain congruent with the work of Siebes et al. because these authors also observed resistive changes in the microcirculation as determinants of final FFR values with varying driving pressures.

It remains uncertain whether the marked fall in microcirculatory resistance in patients with profound hypotensive responses to intravenous adenosine obeys to an exacerbated response to adenosine—potentially triggered by impaired sympathetic autonomic or adenosine A₁ receptor function—or a decrease in zero flow pressure as a result of decreased left ventricular end-diastolic pressure, which has been reported to influence FFR interrogation. Nevertheless, the potential contribution of this phenomenon to overestimation of coronary stenosis severity is supported by the obtained CFR measurements in our study because the observed proportion of vessels with CFR values ≥2 despite FFR ≤0.80 was significantly higher during profound hypotensive responses. This is of particular relevance because it has been proposed that patients in this quadrant of the FFR-CFR classification should not be treated on the grounds of documented preserved myocardial flow. Similarly, the fact that the number of perfusion defects was not larger in patients who developed profound hypotension during intravenous adenosine in a previous myocardial perfusion imaging study suggests that this phenomenon might selectively affect pressure-derived indices such as FFR.

**Limitations**

Our study has several limitations. First, our relatively small sample size is a limitation when drawing conclusions, and our findings should be interpreted as exploratory and hypothesis generating. Second, coronary collateral wedge pressure was not measured in our study. Although the inclusion of the latter pressure in the calculation of microcirculatory resistance is currently a subject of important debate, it has recently been observed that if this pressure is not considered when microcirculatory resistance is calculated with the thermodilution method, IMR might be overestimated. However, other authors who used Doppler velocity to measure coronary flow have observed that the incorporation of wedge pressure as an estimated contribution of collateral blood flow does not substantially influence the assessment of coronary microcirculatory resistance when FFR >0.65. Being aware of the current debate and to minimize a potential methodological error, we decided to correct IMR values when FFR <0.75 using the regression equation derived by Yong et al. for this purpose. However, a separate analysis of our data set using uncorrected values of IMR (Table 2) revealed similar results to those reported in the article, suggesting that this correction had little effects in our findings.

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**Disclosures**

Dr. Escaned has served as speaker in educational events organized by St. Jude Medical and Volcano Corporation. Dr. Davies is a consultant for Volcano Corporation. The other authors report no conflicts.

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